

## Second annual Beer and Brat run draws large group of runners

Contributed by Editor  
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HIDDEN VALLEY LAKE &ndash; More than 20 enthusiastic kids joined almost 100 teenage and adult runners and walkers on Saturday, Oct. 17, for the second annual Crazy Creek Beer and Bratwurst Run at Crazy Creek Glider Port north of Middletown.

Jarrold Rudy, 17, of Hidden Valley Lake won first place in the 5K with a 19-minute-25-second time and Demetrius McGill of Middletown won first in the age 4-and-under division for the kid&rsquo;s challenge race.

Other winners in the event sponsored by the Lake County Milers included Jeff Schlyer, 43, of Hidden Valley Lake, who took first place in the 5-mile run with a time of 35 minutes and 58 seconds; Lisa Radovich, 42, who took first place among women in the 5K (time 23 minutes and 45 seconds); and Miler Julie Chavez, 28, first among women in the 5-mile with a time of 43 minutes 51 seconds.

The Milers hosted the event for the second year at the Crazy Creek Glider Port (courtesy of Jim and Connie Indrebo) on Grange Road off Highway 29.

The family-centered event featured prizes from Health Spa Napa Valley and Heart & Sole Sports of Santa Rosa as well as a post-race lunch of brats and hot dogs (barbecued by Middletown 4H volunteers) and beer donated by Mount St. Helena Brewing Company. Water was provided by Whispering Pines Mountain Pure Spring Water.

The Lake County Milers is a running club promoting fitness and health in the Lake County region and invites all runners and walkers throughout Lake County to join.

The Milers offer a social running club, training runs, running clinics for beginners, information on upcoming race events and the opportunity to volunteer in club-sponsored events. Whether you're a beginner or a seasoned veteran, the Milers have something for everyone.

For more details, see the group&rsquo;s Web site: [www.lakecountymilers.com](http://www.lakecountymilers.com) .