

## Better Breathers Club meets monthly

Contributed by Editor  
Saturday, 24 October 2009

LAKE COUNTY &ndash; The American Lung Association in California offers free support groups for individuals with chronic obstructive lung disease (COPD).

Meetings are held monthly in locations around Lake County:

- Clearlake: Third Wednesday of the month at 2 p.m. at the Cardiopulmonary Care Center, Conference Room, 15250 Lakeshore Drive.

- Lakeport: Second Tuesday of the month at 2 p.m. at Sutter Lakeside Hospital's cafeteria back room, 5176 Hill Road East. For more information, or to speak to a respiratory therapist, please contact the American Lung Association at 1-800-LUNG-USA.